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| Subject Details | Subject Title, code and credit hours | PSYC 306, Psychopathology, 3KU (6AKTS) | |
| | Department | Psychology | |
| | Program (bachelor’s and master’s degree) | Bachelor’s degree | |
| | Associated Term | 2025 fall | |
| | Instructor | Zeynalova Aygun | |
| | E-mail: | isgandarovaaygun@gmail.com | |
| | Phone | +99455 268 29 30 | |
| | Lecture room/Schedule | Neftchilar campus | |
| | Consultations | After the classes - 30 minutes | |
| Teaching language | English | | |
| Subject type (mandatory/elective) | Mandatory | | |
| Readings | <div>1. Oxford handbook of psychiatry 4th edition 2019</div> <div>2. Fish's clinical psychopathology 4th edition</div> <div>3. The Complete OCD Workbook: A Step-by-Step Guide to Free Yourself from Intrusive Thoughts and Compulsive Behaviors Paperback – November 20, 2018</div> <div>4. Barlow, D. H., & Durand, V. M. (2022). <i>Abnormal psychology: An integrative approach</i> (9th ed.). Cengage Learning.</div> <div>5. Kring, A. M., Johnson, S. L., Davison, G. C., & Neale, J. M. (2022). <i>Abnormal psychology</i> (14th ed.). Wiley.</div> <div>6. Butcher, J. N., Hooley, J. M., & Mineka, S. (2018). <i>Abnormal psychology</i> (17th ed.). Pearson.</div> <div>7. Sue, D., Sue, D. W., Sue, S., & Sue, S. (2016). <i>Understanding abnormal behavior</i> (11th ed.). Cengage Learning.</div> <div>8. American Psychiatric Association. (2022). <i>Diagnostic and statistical manual of mental disorders</i> (5th ed., text rev.; DSM-5-TR). American Psychiatric Publishing.</div> <div>9. Nolen-Hoeksema, S. (2020). <i>Abnormal psychology</i> (8th ed.). McGraw-Hill Education.</div> <div>10. Oltmanns, T. F., & Emery, R. E. (2019). <i>Abnormal psychology</i> (9th ed.). Pearson.</div> | | |
| Teaching Methods | Lecture | + | |
| | Group discussions | + | |
| | Activities | + | |
| | Analysis of activities | | |
| | Other | | |
| Assessment and Grading | Components | Deadlines | Percentage (%) |
| | Attendance | During semester | 5 |
| | Participation | During semester | 5 |
| | Quiz I | Until midterm exam | 10 |
| | Midterm Exam | Week 8 | 30 |
| | Quiz II | Until final exam | 10 |
| | Final Exam | January | 40 |

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| Course Description | This course provides an in-depth examination of various mental disorders through multiple theoretical perspectives, including but not limited to biological, psychological, and sociocultural approaches. Students will explore the diagnostic criteria, epidemiology, etiology, and treatment methods associated with each disorder. Special attention will be given to issues such as gender differences, developmental considerations (particularly in children and adolescents), and the cultural context of mental health. The course emphasizes critical thinking about classification systems (e.g., DSM), the validity of diagnoses, and ethical concerns in diagnosis and treatment. By the end of the course, students will have a comprehensive understanding of common psychological disorders, their symptoms, causes, and evidence-based interventions. |
| Course Aims | This course in Psychopathology is designed to provide students with a comprehensive understanding of a wide range of mental disorders across the lifespan. The primary aim is to equip students with knowledge of key theoretical frameworks, including biological, psychological, and sociocultural perspectives, and to foster critical evaluation of current diagnostic systems and classifications. Through the exploration of case studies and contemporary research, students will develop practical skills in clinical assessment, diagnosis, and treatment planning. Emphasis will be placed on ethical considerations, cultural sensitivity, and interdisciplinary approaches to mental health. By the end of the course, students will be well-prepared for advanced academic study or professional roles within mental health, clinical psychology, social work, counseling, or related fields. |
| Learning Outcomes | By the end of this course, students will be able to: <ul style="list-style-type: none"> • Demonstrate a comprehensive understanding of mental disorders across the lifespan, including their symptoms, diagnostic criteria, and evidence-based treatments. • Critically evaluate research methods used in the field of psychopathology, including experimental, clinical, and epidemiological approaches. • Analyze and discuss major theoretical, ethical, and practical issues related to the diagnosis and treatment of mental disorders. • Identify and challenge common misconceptions and stigma associated with mental illness, promoting a more compassionate and informed perspective. • Integrate interdisciplinary perspectives (biological, psychological, and sociocultural) in understanding mental health and illness. |
| Marking Criteria | <p>Attendance</p> <ul style="list-style-type: none"> • Regular Attendance: Attends class sessions consistently, with minimal absences. • Punctuality: Arrives on time for class sessions. <p>Participation</p> <ul style="list-style-type: none"> • Active Engagement: Regularly contributes to class discussions and activities. • Quality of Contributions: Offers thoughtful and insightful comments that demonstrate understanding of the material. • Respectful Dialogue: Listens attentively to others and engages in respectful and constructive dialogue. <p>Quiz I</p> |

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| | <ul style="list-style-type: none">• Knowledge and Understanding: Demonstrates a clear understanding of the key concepts, and theories covered in the first half of the semester.• Application: Can effectively apply theoretical knowledge to real-world scenarios and case studies related to the covered material.• Accuracy: Answers questions accurately and comprehensively. <p>Midterm Exam</p> <ul style="list-style-type: none">• Knowledge and Understanding: Demonstrates a clear understanding of key concepts and theories related to psychopathology.• Critical Thinking: Applies critical thinking skills to analyze and evaluate information, drawing logical conclusions and making well-supported arguments.• Clarity and Organization: States ideas clearly and logically, using appropriate language and structure. <p>Quiz II</p> <ul style="list-style-type: none">• Knowledge and Understanding: Demonstrates a clear understanding of the key concepts and theories covered in the second half of the semester.• Application: Can effectively apply theoretical knowledge to real-world scenarios and case studies related to the remaining material.• Accuracy: Answers questions accurately and comprehensively. <p>Final Exam</p> <ul style="list-style-type: none">• Comprehensive Understanding: Demonstrates a comprehensive understanding of the course material, including key concepts and theories.• Critical Thinking and Application: Applies critical thinking skills to analyze and evaluate information, and effectively applies theoretical knowledge to real-world scenarios.• Problem-Solving: Can solve problems related to psychopathology, demonstrating a deep understanding of the subject matter.• Clarity and Organization: States ideas clearly and logically, using appropriate language and structure. | |
| Rules (educational policy and behavior) | <p>We want to build a classroom climate that is safe for all. It is important that we</p> <ul style="list-style-type: none">• display respect for all members of the classroom – including the instructor and students;• pay attention to and participate in all class sessions and activities;• avoid unnecessary disruption during class time (e.g. having private conversations, reading the newspaper, surfing the Internet, doing work for other classes, making/receiving phone calls, text messaging, etc.);• avoid racist, sexist, homophobic, or other negative language that may unnecessarily exclude members of our campus and classroom. This is not an exhaustive list of behaviors; rather, it represents examples of the types of things that can have a dramatic impact on the class environment. | |
| Schedule | | |
| Week | Topics | Reference |
| 1. | Introduction to History of Treatment of Psychopathology; General Psychopathology | Fish's clinical psychopathology 4th edition p. 11 |

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| 2. | Anxiety Disorders | Oxford handbook of psychiatry 4th edition Oxford handbook of psychiatry 4th edition p. 426 |
| 3. | Posttraumatic Stress Disorder | Oxford handbook of psychiatry 4th edition p. |
| 4. | Obsessive-Compulsive Disorder | The Complete OCD Workbook: A Step-by-Step Guide to Free Yourself from Intrusive Thoughts and Compulsive Behaviors Paperback – November 20, 2018 |
| 5. | Eating Disorders | Oxford handbook of psychiatry 4th edition p. 489 |
| 6. | Quiz I | |
| 7. | Depressive Disorders | Fish's clinical psychopathology 4th edition p. 72 Oxford handbook of psychiatry 4th edition p. 303 |
| 8. | Midterm Exam | |
| 9. | Bipolar Disorder | Fish's clinical psychopathology 4th edition p. 72 Oxford handbook of psychiatry 4th edition p. 369 |
| 10. | Dissociative Disorders; Somatic Symptom Disorders | Oxford handbook of psychiatry 4th edition p. 909 |
| 11. | Schizophrenia | Oxford handbook of psychiatry 4th edition p. 262 |
| 12. | Quiz II | |
| 13. | Alcohol/Drug Disorders | Oxford handbook of psychiatry 4th edition p. 651 |
| 14. | Personality Disorders | Fish's clinical psychopathology 4th edition p. 109 Oxford handbook of psychiatry 4th edition p. 608 |
| 15. | Legal and Ethical Issues | Oxford handbook of psychiatry 4th edition Oxford handbook of psychiatry 4th edition p. 1021 |
| 16. | Final Exam | |